"Our Community" Asthma Quiz

Answer the following questions on asthma as well as you can given your research and existing knowledge (circle the correct answer). The answers will be provided in a discussion following the "quiz."

1) Asthma is a common disease among children in Miami.
   TRUE/FALSE

2) Miami-Dade County has a higher rate of asthma among children than the rest of Florida.
   TRUE/FALSE

3) It is much less common for people to die from asthma now than it was twenty years ago.
   TRUE/FALSE

4) Asthma cannot be triggered by changes in the weather, exercise or stress.
   TRUE/FALSE

5) A person can catch asthma from someone else.
   TRUE/FALSE

6) Two things that families can change in the home to reduce asthma attacks are:

   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________

7) Asthma is a chronic lung disease -- it cannot be cured but it can be controlled.
   TRUE/FALSE
8) The American Lung Association estimates that 38,000 children in Miami-Dade County have asthma.

TRUE/FALSE

9) Some young children "grow out" of their childhood asthma.

TRUE/FALSE

10) Over-the-counter asthma medications are OK for managing asthma.

TRUE/FALSE

11) Hospitalization rates for asthma among African-American children are higher than those for white or Hispanic children in Miami-Dade County.

TRUE/FALSE

12) Many more kids in Miami-Dade County have symptoms of asthma than have been diagnosed as having asthma by a doctor.

TRUE/FALSE

13) Because Miami is a tropical city, we have few air quality problems with mold or pollen.

TRUE/FALSE

14) Three triggers that may cause or worsen asthma are:

_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
15) Low-income people in Miami-Dade have higher rates of asthma than people with higher incomes in the county because of poor diet.

TRUE/FALSE